



#HearMeToo  
END VIOLENCE  
AGAINST WOMEN  
AND GIRLS



grandmothers  
Advocacy Network  
Mouvement de soutien des  
grands-mères

Invite you to

**ORANGE THE WORLD #HearMeToo**

**To End Violence against Women and Girls**

**ORANGE** your Social Media accounts during *16 Days of Activism against Gender-Based Violence* 25 November – 10 December

GRANs can increase the impact of our Orange Events by sharing them on Social Media during the 16 Days.

### **SOCIAL MEDIA ACTIONS:**

- Like **GRAN** on **Facebook** at <https://www.facebook.com/GrandmothersAdvocacy/> and like/share our posts
- Follow **GRAN** on **Twitter** at <https://twitter.com/GRANadvocates> and retweet GRAN hashtags #orangetheworld #HearMeToo #OlderWomenCount #endVAW #16days
- Follow your MP, MLA, Mayor, Municipality or City Councillor on Twitter or Facebook. Publicly thank them for attending or supporting GRAN Orange Events using their twitter handle @\_\_\_\_\_. Look MPs up here: <http://www.davidakin.com/politicaltwits/lib.htm>
- Follow SayNO-UNiTE [https://twitter.com/sayno\\_unite](https://twitter.com/sayno_unite) and retweet hashtags #orangetheworld #HearMeToo #OlderWomenCount #endVAW #16 days
- Join the SayNO-UNiTE to End Violence against Women and Girls Facebook Page. You can post photos of your activities and messages on their Facebook Page at [https://www.facebook.com/SayNO\\_UNiTE](https://www.facebook.com/SayNO_UNiTE)